Autumn / Winter Menu Week 2

26th Oct, 16th Nov, 7th Dec, 11th Jan, 1st & 22nd Feb, 15th March

WEEK TWO	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PLANET PIZZA THURSDAY	FISH FRIDAY
Main Meal Option 1	**All Day Breakfast:** Pork Sausage, Scrambled Egg, Herby Potatoes with Broccoli, Sweetcorn & Baked Beans	Tender Chicken Pieces and Pasta in a Tomato and Herb Sauce with Garden Peas & Carrots	Roast Gammon, Stuffing, Roast Potatoes, Seasonal Greens, Broccoli, Carrots, Cauliflower and Gravy	**Wholemeal Pizza**: Margherita Pizza with Home-baked Potato Wedges, Broccoli & Sweetcorn	Fish Fingers, Chips with Peas & Baked Beans
Vegetarian Option 2	Macaroni Cheese with Broccoli, Sweetcorn and Baked Beans	Plant-based Pasta Bolognese with Garden Peas & Carrots VG	Quorn Grill, Stuffing, Roast Potatoes, Seasonal Greens, Broccoli, Carrots, Cauliflower and Gravy	Vegetable Biryani with Wholegrain Rice, Broccoli & Sweetcorn VG	Cheese Quiche with Chips, Peas & Baked Beans
Baked Jacket Potatoes – Option 3	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans
KS2 Deli – Option 4	½ Cheese and Tomato Panini with Heby Potatoes and Salad	Chinese-Style Chicken Noodles	Cheese and Onion Loaded Potato Skins with Salad	Cheesy Pizza Pockets with Vegetables	
Nursery, R, Y1 Dessert	Yogurt and Fruit	Yogurt and Fruit	Yogurt and Fruit	Yogurt and Fruit	Yogurt and Fruit
Y2 2 - 6 Dessert	Shortbread Biscuit	Chocolatey Orange Fudge Cake	Melon VG	Lemon Drizzle Cake & Custard	Chocolatey Oaty Slice VG

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg | Source of wholegrain | Contains plant-based proteins | 50% fruit | Oily fish | Vegan VG

England's target for 'free sugar' intake for your child

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.