

Dyslexia – Not such a scary word any more



Written By:

Kerry Allchorne – S.E.N Governor &

Parent Support Advisor

Harry Carlton Family of Schools

Dyslexia

DYSLEXIA

Do you see what I see?



Dyslexia

What a scary word for someone who has just been told that they Dyslexia. Could they have made it any harder for us? You can't read it, you can't spell it and it's hard to write it....not a good start really.

I was 10 years old when I was diagnosed with Dyslexia. It was sometimes called 'Word Blindness' then, which is exactly what it is.

You don't see words and letters like your friends do, which is why you can find English and Maths difficult.

You get your **b**'s and **d**'s and your **p**'s and **q**'s mixed up and sometimes you even get your letters the wrong way around like **3**'s and **E**'s.

But remember, you must try your hardest and some days will be more difficult than others but never ever give-up and believe in yourself and you will achieve...here are just a few people you may know who did just that:

- Richard Branson (Virgin Boss..very rich)
- Tom Cruise (Actor)
- Orlando Bloom (Actor)
- Jamie Oliver (Celebrity Chef)
- Keira Knightley (Actress)
- Albert Einstein (Mathematician and Physicist)

Dyslexia is a specific learning difficulty which has nothing to do with intelligence, in fact most people with Dyslexia have an average or above average I.Q....Albert Einstein (one of the worlds brainiest men ever was Dyslexic) so with the right help and support those dreaded SAT's should be a breeze !!.

There are many different things that teachers and parents can use to help you learn, from coloured films and rulers, non reflective paper, large clear print to Laptops and Spellmasters to name a few.

It's so frustrating because you know what you want to write down but it comes out all wrong and takes forever to write it.



When I was at school I used to get so upset and say “why can't they see what I see?”


If your teacher or parent/carer wears glasses ask them to take them off and then to do some of your school work....I think they will then see how hard it can be for you.



Maybe the words move around and go in and out of focus or sometimes the letters mix into together and you cannot see where the spaces should be and why is it so hard to *write in a straight line*

Dyslexia means you can have difficulties with reading, writing and spelling. Some people like me find understanding and recognising numbers very hard – even telling the time and learning times tables is difficult, this is called Dyscalculia, another scary word.



Did you know that around 10% of the population, that's 1 in 10  people have some form of Dyslexia!.

That includes other children in your school, on the school bus, in your football team or swimming class – everywhere in fact.



Dyslexia can be hereditary, which means it's in the genes.....Not that type of jeans. So someone else in your family probably has Dyslexia too.

So...don't be embarrassed or ashamed, it is part of who you are...and people with Dyslexia are often called 'free thinkers' which is rather a nice way of describing it to others.

